

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2019

Personal Care Program Calendar

<p>9:45 Worship Service with Pastor Paul Long & Communion (SVA)</p> <p>10:45 Catholic Communion with St. Maria Goretti (4SR)</p>	<p>9:00 Mummers Parade (Ch.17)</p> <p>12noon New Year's Day Meal (Dining Room)</p> <p>New Year's Day</p>	<p>9:00 Balance Basics (Fam)</p> <p>9:30 Sittercize (4SR)</p> <p>10:00 Bible Study with Pastor Earl Anders (SVA)</p> <p>11:00 Prayer Yoga (FC)</p> <p>2:00 The 2019 Almanac with Sandra (4SR)</p> <p>2:30 Ping Pong (Fam)</p>	<p>9:00 Podiatry Services (WC)</p> <p>9:30 Exercise (FR)</p> <p>9:30 Sittercize (4SR)</p> <p>10:15 Trivia A-Z (4SR)</p> <p>2:00 Game: UNO (4SR)</p> <p>2:30 Chair Aerobics (Fam)</p> <p>3:00 Abby Visits (R)</p> <p>3:00 Line Dancing (Fam)</p> <p>7:00 Documentarians Dave & Kathie Peters (SVA)</p>	<p>9:30 Sittercize (4SR)</p> <p>9:30 Strength Training (Fam)</p> <p>10:00 Conversational Knitting (Fam)</p> <p>10:15 Nail Care with Sandra (4SR)</p> <p>2:00 Residents Rights Bingo With Jaclyn (4SR)</p> <p>2:00 Balance Basics (Fam)</p>	<p>9:30 Sittercize (4SR)</p> <p>10:30 Bingo Time Fun (4SR)</p> <p>1:30 Tables Games with Ruth (4SR)</p> <p>3:00 Tea & Trivia (4SR)</p> <p>6:30 <i>Swing Shift Swing Band (SVA)</i></p> <p>7:00 Lawrence Welk (Ch.12)</p>	
<p>9:45 Worship Service with Pastor Paul Long & Communion (SVA)</p> <p>10:45 Catholic Communion with St. Maria Goretti (4SR)</p>	<p>9:30 Exercise (FR)</p> <p>9:30 Sittercize (4SR)</p> <p>9:30 Healthy Joints (FC)</p> <p>10:30 Tea & Talk (4th Floor)</p> <p>11:00 Stretch and Flex (FC)</p> <p>2:00 Making: Snowball Cookies (4SR)</p> <p>3:00 Reminisce with Ruth (4SR)</p>	<p>9:30 Exercise (FR)</p> <p>9:30 Sittercize (4SR)</p> <p>10:15 <i>Charter School Students (4SR)</i></p> <p>2:00 <i>Country Auction (SVA)</i></p>	<p>9:00 Balance Basics (Fam)</p> <p>9:30 Sittercize (4SR)</p> <p>10:00 Bible Study with Pastor Earl Anders (SVA)</p> <p>11:00 Prayer Yoga (FC)</p> <p>1:00 Spousal Support Group (SFR)</p> <p>2:00 Nail Care with Sandra (4SR)</p> <p>2:30 Ping Pong (Fam)</p>	<p>9:00 Podiatry Services (WC)</p> <p>9:30 Exercise (FR)</p> <p>9:30 Sittercize (4SR)</p> <p>10:15 This Month's Word Games (4SR)</p> <p>11:30 <i>Dine Around: Zoto's</i></p> <p>2:00 Game: Rummikub (4SR)</p> <p>2:30 Chair Aerobics (Fam)</p> <p>3:00 Abby Visits (R)</p> <p>3:00 Line Dancing (Fam)</p> <p>7:00 Movie: Secrets of Jonathan Sperry (SVA)</p>	<p>9:30 Sittercize (4SR)</p> <p>9:30 Strength Training (Fam)</p> <p>10:00 Conversational Knitting (Fam)</p> <p>10:15 How Well Do You Spell? (4SR)</p> <p>2:00 Food Forum (FRA)</p> <p>2:00 Balance Basics (Fam)</p>	<p>9:30 Pam's Pilates Workout (4SR)</p> <p>10:30 Bingo Time Fun (FRB)</p> <p>1:30 Making: Honey Cinnamon Rollups & Their Health Benefits (4SR)</p> <p>3:00 Therapeutic Time Zone & Tai Chi & Tea (4SR)</p> <p>7:00 Lawrence Welk (Ch.12)</p>
<p>9:45 Worship Service with Pastor Earl Anders (SVA)</p> <p>10:45 Catholic Communion with St. Maria Goretti (4SR)</p>	<p>9:30 Exercise (FR)</p> <p>9:30 Sittercize (4SR)</p> <p>9:30 Healthy Joints (FC)</p> <p>10:30 Tea & Talk (4th Floor)</p> <p>11:00 Stretch and Flex (FC)</p> <p>2:00 <i>Snowman Ball Jar Craft With Bayada (4SR)</i></p>	<p>9:30 Exercise (FR)</p> <p>9:30 Sittercize (4SR)</p> <p>10:15 <i>Charter School Students (4SR)</i></p> <p>11:15 Bookmobile (Lobby)</p> <p>2:00 Bingo (FRB)</p> <p>2:30 Line Dancing (FR)</p> <p>3:00 <i>Wellness Social (Café)</i></p>	<p>9:00 Audiology (WC)</p> <p>9:00 Balance Basics (Fam)</p> <p>9:30 Sittercize (4SR)</p> <p>10:00 Bible Study with Pastor Earl Anders (SVA)</p> <p>11:00 Prayer Yoga (FC)</p> <p>1:00 Podiatry Services (WC)</p> <p>2:00 ABC's of the Almanac with Sandra (4SR)</p> <p>2:30 Ping Pong (Fam)</p>	<p>9:00 Podiatry Services (WC)</p> <p>9:30 Exercise (FR)</p> <p>9:30 Sittercize (4SR)</p> <p>10:30 <i>Resident Council (4SR)</i></p> <p>2:00 <i>Millie's Sing Along (SVA)</i></p> <p>2:30 Chair Aerobics (Fam)</p> <p>3:00 Abby Visits (R)</p> <p>3:00 Line Dancing (Fam)</p> <p>6:30 Story of Anabaptist with John Ruth (SVA)</p>	<p>9:30 Sittercize (4SR)</p> <p>9:30 Strength Training (Fam)</p> <p>10:00 Conversational Knitting (Fam)</p> <p>10:30 <i>Bible Study with Pastor Larry (4SR)</i></p> <p>1:30 <i>Herb Kauffman: Cut a Rug Music of the 1940's (SVA)</i></p> <p>2:00 Balance Basics (Fam)</p>	<p>9:30 Sittercize (4SR)</p> <p>10:30 Bingo Time Fun (FRB)</p> <p>1:30 Tables Games with Ruth (4SR)</p> <p>3:00 Tea & Trivia (4SR)</p> <p>7:00 Lawrence Welk (Ch.12)</p>
<p>9:45 Worship Service with Pastor Larry (SVA)</p> <p>10:45 Catholic Communion with St. Maria Goretti (4SR)</p>	<p>9:30 Exercise (FR)</p> <p>9:30 Sittercize (4SR)</p> <p>9:30 Healthy Joints (FC)</p> <p>10:30 Tea & Talk (4th Floor)</p> <p>11:00 Stretch and Flex (FC)</p> <p>2:00 Zion Soup Project (4SR)</p> <p>3:00 What Volunteer & Service Means to You (4SR)</p> <p>Martin Luther King Day Tu B'Shevat</p>	<p>9:00 <i>Super Wal-Mart Shopping</i></p> <p>9:30 Exercise (FR)</p> <p>9:30 Sittercize (4SR)</p> <p>10:15 January Trivia (4SR)</p> <p>2:00 Bingo (FRB)</p> <p>2:30 Line Dancing (FR)</p> <p>3:30 <i>Rosary Prayers (SFR)</i></p>	<p>9:00 Balance Basics (Fam)</p> <p>9:30 Sittercize (4SR)</p> <p>10:00 Bible Study with Pastor Earl Anders (SVA)</p> <p>11:00 Prayer Yoga (FC)</p> <p>1:00 Grief & Loss Support Group (SFR)</p> <p>2:00 <i>January/February Birthday Party (SVA)</i></p> <p>2:30 Ping Pong (Fam)</p>	<p>9:00 Podiatry Services (WC)</p> <p>9:30 Exercise (FR)</p> <p>9:30 Sittercize (4SR)</p> <p>10:15 Game: Skip-Bo (4SR)</p> <p>1:30 <i>Ted's Guitar & Banjo (SVA)</i></p> <p>2:30 Chair Aerobics (Fam)</p> <p>3:00 Abby Visits (R)</p> <p>3:00 Line Dancing (Fam)</p> <p>7:00 An Evening of Music with The Brunner Family (SVA)</p>	<p>9:00 Folding Summit News (Fel)</p> <p>9:30 Sittercize (4SR)</p> <p>9:30 Strength Training (Fam)</p> <p>10:00 Conversational Knitting (Fam)</p> <p>10:15 Making: Coconut Custard Pie (4R)</p> <p>11:30 <i>Dine Around: Chinese Buffet (4SR)</i></p> <p>2:00 <i>Winter Games with Jaclyn (4SR)</i></p> <p>2:00 Balance Basics (Fam)</p>	<p>9:30 Pam's Pilates Workout (4SR)</p> <p>10:30 Bingo Time Fun (FRB)</p> <p>1:30 Making: 1934 Oatmeal Raisin Cookies & the Health Benefits of Oats (4SR)</p> <p>3:00 Therapeutic Time Zone & Tai Chi & Tea (4SR)</p> <p>7:00 Lawrence Welk (Ch.12)</p>
<p>9:45 Worship Service with Pastor Joy (SVA)</p> <p>10:45 Catholic Communion with St. Maria Goretti (4SR)</p>	<p>9:30 Exercise (FR)</p> <p>9:30 Sittercize (4SR)</p> <p>9:30 Healthy Joints (FC)</p> <p>10:30 Tea & Talk (4th Floor)</p> <p>11:00 Stretch and Flex (FC)</p> <p>2:00 <i>Bong and His Life in Laos (FR)</i></p> <p>Australia Day (observed)</p>	<p>9:30 Exercise (FR)</p> <p>9:30 Sittercize (4SR)</p> <p>10:15 January Jeopardy (4SR)</p> <p>2:00 Bingo (FRB)</p> <p>2:30 Line Dancing (FR)</p>	<p>9:00 Balance Basics (Fam)</p> <p>9:30 Sittercize (4SR)</p> <p>10:00 Bible Study with Pastor Earl Anders (SVA)</p> <p>11:00 Prayer Yoga (FC)</p> <p>2:00 Baking: Old Favorite (4SR)</p> <p>2:30 Ping Pong (Fam)</p>	<p>9:00 Podiatry Services (WC)</p> <p>9:30 Exercise (FR)</p> <p>9:30 Sittercize (4SR)</p> <p>10:15 Nail Care with Sandra (4SR)</p> <p>2:00 <i>Tasia's Giant Games: Think Big! (SVA)</i></p> <p>2:30 Chair Aerobics (Fam)</p> <p>3:00 Abby Visits (R)</p> <p>3:00 Line Dancing (Fam)</p> <p>7:00 Faith Story; David Miller (SVA)</p>	<p><i>Worship Services</i> Channel 1978 3:00pm & 7:00pm</p> <p>Sunday: Salford Monday: Blooming Glen Tuesday: Zion Wednesday: SMH Thursday: Calvary (8pm)</p>	<p>PC/PV Life Enrichment Coordinator: Sandra Conroy ext: 42222</p> <p>Life Enrichment Assistant: Ruth Jones</p> <p>Weekday Announcements at 8:40am with Devotions Following on Channel 1979 Univest Bank</p> <p>Tuesday & Thursday from 1pm-3pm</p>