

MEADOWLARK

Care Coordinator's Corner ~ Donna Conklin

If you, or someone near you, has an emergency, press your PHB. The alert that nursing staff receives will give your location.

While we are nearing the end of flu season, it is still important to cough and sneeze into your sleeve, not your hands. Wash your hands frequently, and report any illnesses to nursing.



If you have any questions about your medications, feel free to ask myself or the nurses.

Laundry is collected in the afternoon. Please wait until at least 1:00 p.m. to place your laundry out for pick up. Please DO NOT put any laundry out in the morning.

March Friday Night Movies



The Seven Little Foys – After the young wife of vaudevillian Eddie Foy passes away, he incorporates their seven children into the act and takes it on the road.

Last Chance Harvey – In London for his daughter's wedding, a ruffled man finds his romantic spirits lifted by a new woman in his life.

The American President – Comedy-drama about a widowed U.S. president and a lobbyist who fall in love. It's all above-board, but "politics is perception" and sparks fly anyway.

Anne of Green Gables (Parts 1 and 2)– An orphan girl, sent to an elderly brother and sister by mistake, charms her new home and community with her fiery spirit and imagination.



How many words can you make from LEPRECHAUN ??

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EXPANDING HORIZONS – INDULGING YOUR PASSION FOR LIFE-LONG LEARNING

The spring sessions of Expanding Horizons will be held at Dock Woods Campus on Thursdays, April 6, 13, 20 and 27 from 9:00 a.m. to 11:30 a.m. The topics of these sessions will be "The American Circus", "Studying the Past, Understanding the Present", "Taking a Second Look", and "All in a Day's Journey". You must register in advance for these sessions, and transportation will be provided. Please see Gerry Moore for further information or to sign up.



FUND DEVELOPMENT - Keith Heavener

Live United!



The Living Branches Foundation teamed up with the North Penn United Way during the month of February to bring hope to those in our local communities. Our goal was to raise \$8,000.00 for our senior friends and their families. As of February 24, we had raised \$ 3,580.00. Thank you to all who joined in this cause and made a donation.

There's Sunshine in a Smile



Life is a mixture of sunshine and rain,
 Laughter and pleasure, teardrops and pain,
 All days can't be bright, but it's certainly true,
 There was never a cloud
 the sun didn't shine through -----
 So just keep on smiling whatever betide you,
 Secure in the knowledge
 God is always beside you,
 And you'll find when you smile
 your day will be brighter,
 And all of your burdens will seem so much lighter -----
 For each time you smile you will find it is true,
somebody, somewhere will smile back at you,
 And nothing on earth can make life more worthwhile
 Than the sunshine and warmth of a *beautiful smile.*

~ Helen Steiner Rice

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2017 MARCH TALENT SHOW ~ "TRAVEL AROUND THE WORLD"



Mark your calendar for Thursday, March 23 @ 1:00 pm, and come along with us as we take a journey together at the 2017 March Talent Show in the Fisher Auditorium at the Dock Woods Campus. Just imagine visiting Paris and enjoying the romantic music and charm of the "City of Lights".

Come and listen to the amazing instruments from Ireland, see the world through the eyes of a child, and return to the "Land We Love" with the "Boot Scootin' Boogie". This show will be featuring the talents of the residents, staff, and youth of Dock Woods. There will be vocal performances, piano/keyboard selections, comedy, dance and much more! Gerry will be rehearsing with you the song selected for the Dock Meadows group performance... a fun-to-sing tune from the '50s that became wildly popular thanks to Harry Belafonte. This is sure to be a show you won't want to miss!

PASTORAL CARE CORNER ~ Pastor Leslie Homer-Cattell

This month, many Christians around the world begin the observance known as Lent – beginning with Ash Wednesday on March 1. All who wish to participate are welcome to the Dock Meadows’ observance. Volunteers from the Legion of Mary will be here on Wednesday, March 1, to distribute ashes. All who would like to participate, including both Catholics and Protestants, are welcome.

Lent is a time of introspection and repentance in light of who we humans are – imperfect and mortal – as well as a time of invitation to draw closer to our loving God – who is perfect and eternal. Again this year, the pastoral care team is publishing a devotional book with Lenten reflections (written by members of the Living Branches community) for each day in Lent. Thank you to the following members of the Dock Meadows community for joining me in contributing a reflection this year: Helen Baker, Pastor Jim Derstine, Karen Gallagher, Melvine King, and Bill Tidey. Thank you, as well, to Lynne Allebach for serving as editor and putting the book together. See me if you'd like a copy, or pick one up at the front desk or in the Activities Room/Chapel.

This month, you'll see that a number of "Visits with Pastor Leslie" have been scheduled. This will be a time when I will be available to meet with residents individually or in small groups. If you'd like me to plan a visit with you, please sign up at the front desk. I look forward to visiting anyone who would like that. For now, may God bless and keep each one of you.

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RESIDENT MEETING REMINDER

On Monday, March 6th at 2:00 p.m., we will have our first Resident Meeting for 2017. These meetings are for ALL Dock Meadows residents, and are held quarterly in March, June, September and December. Leadership from each department will be attending to provide you with updates, changes and reminders for their area of responsibility and can answer any questions you may have. It is to your benefit to attend these meeting so that you get first-hand information.



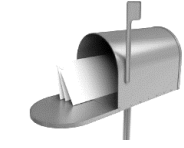
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MORE REMINDERS !!

Please remember that when you leave the Dock Meadows Campus you need to sign-out at the clipboard closest to your apartment. Likewise, upon your return, you need to sign-in to indicate that you have arrived back safely. Also, it is always a good idea to let the nursing staff know any time that you will be leaving the campus.



Checking your mailbox regularly is important! If your mailbox becomes too crowded, our mailperson will not be able to deliver your mail until it is cleared. If you need assistance with retrieving your mail, please let the nursing staff know.



CALENDAR HIGHLIGHTS



FRIDAY, MARCH 3, 8:30 a.m. Barber Services (Salon)

We are pleased to announce that Gerry Walser, our new barber, will be here the first Friday of each month from 8:30 – 11:30 a.m. Gentlemen, stop in for a fresh cut!



WEDNESDAY, MARCH 8, 6:30 p.m. ~ Tip-Toe Through the Tulips with Tina (AR)

Come and take a nostalgic trip through the tulip gardens of the Netherlands with native Hollander Tina Pannell, a resident of Dock Woods. In a slide show presentation, visit the famous Keukenhof – the beautiful flower gardens in Lisse, Holland. Learn about the origin and development of tulips, and see the tulip festival of Holland, Michigan.



THURSDAY, MARCH 9, 11:00 a.m. ~ Dine Around at Outback Steakhouse

G'day, Mate! Always a good time and good food – sign up with Gerry to go along!

THURSDAY, MARCH 23, 1:00 p.m. ~ Talent Show (Dock Woods Campus)

Come enjoy sights and sounds from around the world at this year's Talent Show! Sign up with Gerry.



WEDNESDAY, MARCH 29, 2:00 p.m. ~ Hobby and Collection Day (AR)

Do you have a treasured collection? Do you have a favorite hobby? If so, we would like to invite you to share it with us! If you need assistance getting ready for presentation, please let Gerry know.

LOOKING and PLANNING AHEAD



TUESDAY, APRIL 4 4:30 p.m. ~ (Dock Woods Campus)

April is a wonderful month to enjoy the music of the Big Band Era and enjoy a delicious served dinner together, but in order to do that you must sign up! No later than Tuesday, March 21, you need to inform Gerry of your entrée choice:

- (1) Baked Ritz Cracker Crusted Chicken with Hunter Sauce *OR*
- (2) Braised Pork with Cherry Sauce.

Tickets for this event are \$17.00 per person.

Following dinner, the Society Music Makers Big Band will be performing big-band music favorites for your listening and dancing pleasure. Sign up early with Gerry!



WEDNESDAY, APRIL 5, 6:30 p.m. ~ Easter Egg Hunt (AR)

Invite your grandchildren & great-grandchildren to join you here for a fun evening of games and refreshments and a kids' Easter Egg Hunt! By March 30th, please let Cheryl at the front desk know how many children will be attending this event so that we can be prepared!

